BASKETBALL PARENTS

Parent season checklist

Prepare once, keep the essentials handy, and enjoy the season.

Player / team _____ **Season** _____

BEFORE THE SEASON

- [ ] Complete league forms and required clearances.
- [ ] Confirm fees, uniform needs, and equipment fit.
- [ ] Save the schedule, team contact, and communication channel.
- [ ] Arrange transportation and approved pickup adults.

PACK FOR PRACTICE & GAMES

- [ ] Athletic shoes, uniform or practice clothes, and socks.
- [ ] Labeled water bottle, towel, and needed personal supplies.
- [ ] Ball if requested; remove jewelry before play.

SUPPORT YOUR PLAYER

- [ ] Share relevant health or access needs privately with the coach.
- [ ] Encourage effort, learning, rest, and sportsmanship.
- [ ] Ask how your player felt and what they enjoyed.

Coach / team contact _____ **Next practice / location** _____

Keep private medical details and children's contact information off public team pages.